Well-being text support

CASI (Cascade Assist and Serve Intelligence) uses technology to provide immediate support to help you feel better.

Features include:

- **AI trained to provide instant counseling support**
- **Matches members with EAP services**
- **Immediate support to members 24/7/365**
- **Confidential and secure**

To get started text:
503-850-7721

Cascade Centers