Cascade EAP App

life assistance services with you at all times

Cascade's app allows you to:

- Chat for support
- View EAP services
- View your EAP member site
- Access articles and resources
- Access Cascade's social media
- Connect to EAP Services

EAP Benefit match quiz

Not sure where to start? The EAP Benefit Match quiz will help you determine which EAP services are best for you.

Download your EAP App





Search Cascade EAP



For assistance:

800-433-2320 text: 503-850-7721 cascadecenters.com